

EXCHANGE

@ *Dalhousie*




International Exchange Program Guide



**DALHOUSIE
UNIVERSITY**

HALIFAX, NOVA SCOTIA, CANADA



DALHOUSIE AT A GLANCE

| | |
|-----------------------------|----------------|
| Year of founding | 1818 |
| Students | 18,000+ |
| Female students | 55% |
| Male students | 45% |
| International students | 14% |
| Rhodes scholars | 88 |
| Countries represented | 110+ |
| Faculties | 12 |
| Degree programs | 180+ |
| Libraries | 5 |
| Student clubs and societies | 270+ |
| Student-professor ratio | 15:1 |
| Annual funded research | \$140 million+ |

Welcome to Dal

A tradition of academic excellence mixed with the hospitality of Canada's East Coast. This is Dalhousie, one of Canada's oldest and finest universities.

Our historic buildings may be covered in ivy, but we're pretty laid back. We're proud of our warm East Coast vibe, as well as our internationally recognized academic programs on both our urban campus and smaller Agricultural Campus.

We're a world leader in marine biology and other ocean-related studies. Which makes sense, considering the Atlantic Ocean is just steps away from the Halifax campus.

Our graduates include prime ministers, musician, actors, artists, authors, scientists, 88 Rhodes Scholars, the first female Supreme Court of Canada judge, and the first American woman to walk in space.

*Come to Halifax,
Nova Scotia and
immerse yourself
in the Dal
experience.*



LIFE IN NOVA SCOTIA

Urban living

The capital of Nova Scotia, Halifax is the perfect university city. With a population of 420,000 it keeps a friendly, small-city vibe but boasts the amenities of a much larger centre.

The vibrant downtown and scenic waterfront are a quick 2-minute walk from the Sexton Campus, and 15 minutes from the main Studley Campus. With downtown's world-class theatres, restaurants, pubs, clubs, galleries, and boutiques watched over by the 18th-century Fort George atop Citadel Hill, Halifax is a fantastic mix of history and contemporary culture.

With its renowned arts scene, there are always numerous theatre performances, concerts, and exhibitions to choose from. And as the home of a professional basketball team (the Rainmen) and one of the best major-junior hockey teams in the country (the Mooseheads), the Halifax Metro Centre is the place to go to watch top sporting events.

Thanks to its temperate seaside location on the East Coast of Canada, Halifax offers opportunities for countless outdoor adventures. Hike the trails of 185-acre Point Pleasant Park right in the city, or head 15 minutes outside the city to explore the rugged coastline. Drive 20 minutes to join the surfers at Cow Bay (in summer and winter!) or carry on a bit further for some picturesque beaches.

Rural living

Our newest location, the Agricultural Campus, is found just outside Truro, about an hour from Halifax. The scenic town of 12,500 is known as the "Hub of Nova Scotia" thanks to its historic role as the junction of the railroads that crisscrossed the province. It's also at the end of the Minas Basin which feeds into the famous Bay of Fundy, boasting the highest tides in the world.

Spend an entire day exploring the 400-acre Victoria Park right in town, or feed your adventurous side by going tidal bore rafting on the Shubenacadie River (you have to experience it to believe it).



WHERE IN THE WORLD?

Direct flying times from Halifax

| | | | | | |
|-----------|-----------|----------|-----------|------------------|---------|
| Montreal | 1.5 hours | Boston | 1.5 hours | Washington, D.C. | 2 hours |
| Toronto | 2 hours | New York | 2 hours | Bermuda | 2 hours |
| Vancouver | 6 hours | Chicago | 3 hours | London, U.K. | 6 hours |



LIFE AT DAL

Inside the classroom



Academic excellence

Dalhousie offers more than 4,000 classes in over 180 degree programs—more than many large Canadian universities. Our Environment, Sustainability and Society program is one of only a few in North America, and the first in Canada. Our Faculty of Agriculture, about an hour outside of Halifax, is the only one east of Montreal. And Dal is the only university in North America to offer Costume Studies.

Every year Dalhousie conducts over \$149 million in funded research, and as a member of the U15 (Canada's top tier of research-intensive universities), we're affiliated with more than 40 research centres, institutes, and technical facilities around the world. But thanks to our size and close-knit nature, you enjoy one of the lowest student-professor ratios in Canada (15:1) and have access to top researchers, including 54 Canada Research Chairs.



Variety of programs

As an exchange student, you can take advantage of most of our programs, **with the exception of courses in the faculties of Dentistry, Health Professions, and Medicine, and those in the schools of Law and Planning.**

Some of our available programs are:

- Animal Science
- Aquaculture
- Canadian Studies
- Computer Science
- Entrepreneurship and Innovation
- History of Science and Technology
- Marine Biology
- Oceanography
- Sustainable Resource and Environmental Management
- Theatre

For a full list of our academic programs, visit dal.ca/programs.

LIFE AT DAL

Outside the classroom

Experience all of Dal

Whether you're into music, theatre, art, sports, outdoor recreation, or protecting the environment, there's something at Dalhousie to meet your interests and expand your horizons.

Have you ever experienced a live hockey game? Or an authentic Native Canadian musical celebration? At Dalhousie you can cheer on our men's and women's varsity Tigers teams, and join in on our annual mawio'mi, a traditional Mi'kmaq gathering.

The Arts Centre is not only home to the Theatre and Music programs, but also houses the Dalhousie Art Gallery and three theatres. The largest, the Rebecca Cohn Auditorium, is the venue for Symphony Nova Scotia and many larger touring music, comedy, and theatrical shows. dal.ca/artscentre

Our two student pubs, the Grawood and the Grad House, are popular meeting places where you can take in open mic nights, coffee houses, trivia nights, and improv.

Want to work out, go for a swim, have a squash or badminton game, do some rock-climbing, play some intramural sports, or cheer on one of our teams? Our athletic and recreational facilities include Dalplex, Sexton Gym, Wickwire Field, along with outdoor tennis and beach volleyball courts in Halifax, and the Langille Athletic Centre on the Agricultural Campus. dal.ca/athletics

*The student experience at Dalhousie
is about much more than what
happens in the classrooms, labs,
and lecture halls.*

QUICK FACTS

| | |
|------------------------------------|------|
| Student clubs and societies | 270+ |
| Intramural sport leagues | 16+ |
| Varsity Dal Tigers teams | 14 |
| Dal Agriculture Varsity Rams teams | 8 |
| Competitive club teams | 11 |
| Community radio station | 1 |

Get involved!

The best way to enjoy the full exchange experience at Dalhousie is to take part in as many activities as you can. You'll meet new friends, try new things, and perhaps learn a thing or two about yourself.

Joining a student society or club is a great way to get involved. And with close to 300 to choose from, you won't have any problem finding the perfect one—everything from parkour to photography, beekeeping to breakdancing. The [Dalhousie International Student Association](#) (DISA) is a popular group for students from different countries to come together to socialize. For a full list of societies administered by the Dalhousie Student Union, visit dsu.ca.

Many of the societies and clubs allow you to get involved in the Halifax community. The DalConnects program can also set you up with volunteering opportunities with outside organizations. dal.ca/dalconnects





STUDENT SERVICES & HOUSING

Dalhousie has numerous services and resources to help guide you during your time with us.

dal.ca/studentservices

The International Centre can support you throughout the exchange process. Whether it's assisting you in the application and immigration process, developing your English language skills, or organizing social activities, the Centre will help you settle into your new environment. dal.ca/international

If you're in need of a medical exam or check-up, Dalhousie Student Health Services has doctors and nurses available in clinics on the Halifax and Truro campuses. If you're struggling with stress, depression, anxiety, or other mental health issues, Counselling Services has group workshops, one-on-one sessions, and an online self-help program to support you. dal.ca/livewell

Our academic support services can assist you with academic advising, developing study skills, and providing academic accommodations for a disability or religious obligation. English as a Second Language courses are available, and Writing Centre advisors can assist you with your research papers and presentations. dal.ca/learnwell

Costs of living

The average cost of living in Halifax for one academic year is approximately **\$12,000 CAD**. (Prices are subject to change.)

| | |
|--|-------------------------|
| One-bedroom apartment | \$700-\$1,000 |
| Utilities (cable, Internet, heat, electricity, etc.) | \$200 |
| Overnight stay in hostel | \$20-\$57 |
| Overnight stay in hotel | \$150-\$200 |
| Sales tax on most consumer goods | 15% |
| Tip for most services | 15-20% |
| Transit pass | \$72.50/semester |
| Health insurance | \$163/semester |
| Movie ticket | \$12 |
| 1 litre of milk | \$3 |
| 1 loaf of bread | \$3 |
| Dinner at a restaurant | \$10-\$40 |
| 1 litre of gas | \$1.45 |

Living on campus

Living in residence as an exchange student is a great way to meet people and have all of Dalhousie's services and resources at your doorstep.

There are 11 different residences in Halifax, spread between the main Studley and Carleton Campuses and the downtown Sexton Campus. They vary in size and style, but are all supported by a great team of professionals who will make your stay comfortable.

An hour away on the Agricultural Campus, there are three residences located just a few minutes walk from all the academic buildings and student services.

Please note that there is no space available in residence for exchange students who come to Dalhousie for the fall term only (September–December). If you are planning to come to Dalhousie for the winter term (January–April) or for a full academic year (September–April), please email residence@dal.ca for availability. dal.ca/residence

Living off campus

Dalhousie is perfectly situated in the middle of fantastic Halifax residential neighbourhoods with plenty of houses, flats, and apartments available for students to rent—everything from beautiful Victorian and Edwardian houses to modern apartment buildings. The Agricultural Campus is located just outside of Truro, which also offers various off-campus housing options.

Visit dal.ca/offcampusliving to find listings of available accommodations and pretty much everything you need to know about renting in Halifax and Truro. There's also a short list of temporary accommodations if you arrive in Halifax before your lease starts.

The Volunteer Coordinator at the International Centre can help you with finding accommodations and settling in. Please email your housing-related questions to icvolunteer@dal.ca.



HOW TO APPLY

Eligibility

You must satisfy the requirements of your home university and be nominated by your university to participate in an exchange at Dalhousie. You also need to find out if your university is an exchange partner with Dalhousie.

While at Dalhousie, you are required to take 9 credit hours (3 courses) per term. A standard full-time course load is 15 credit hours (5 courses), which is the approximate equivalent of 30 ECTS credits.

Some courses require previous knowledge in an area of study usually demonstrated through completing a specific course beforehand. You can request special permission to register in these courses and the instructor will evaluate your background on a case-by-case basis before granting permission.

APPLICATION DEADLINES

| | | |
|--------------------------------|---------|---|
| Fall Term (September-December) | May | 1 |
| Winter Term (January-April) | October | 1 |
| Summer Term (May-August) | March | 1 |



Tuition fees

If you are coming as an exchange student, you pay your tuition fees to your home university. There are some fees (e.g. health insurance, transit pass) that you will be responsible for paying at Dalhousie.

If you are coming to Dalhousie on a study abroad program, you pay your tuition fees to Dalhousie for one or two terms.

Application process

Step 1: Get a letter of nomination from your home university

Applications received without a letter will not be accepted.

Step 2: Prepare your application package

- Read the application guidelines online (dal.ca/cometodal/apply) and fill out the Undergraduate Application Form or the Graduate Application Form if you plan to take graduate-level classes.
- Get original transcripts from any post-secondary institutions you have attended.

Step 3: Choose your courses

- To view a list of courses that are offered during your desired term of study, please visit our Academic Time table for class times and availability (dal.ca/timetable)
- If you're unsure about what classes are available to you, please email international.centre@dal.ca.
- Fill out the Course Selection Form online and save it as a PDF file.

Step 4: Submit your application

- Your home university must send your application and supporting documents electronically to international.centre@dal.ca. We no longer accept paper applications.
- After submitting your package by email, please send an original, official transcript by regular mail to:
**Study Abroad and Exchange Advisor
(Incoming Students)**
International Centre, Dalhousie University
1246 LeMarchant St. PO Box 15000
Halifax, Nova Scotia, B3H 4R2 Canada

Step 5: Confirmation of enrolment and visa

- When you are admitted to Dalhousie, you will receive a confirmation by email and a welcome package by regular mail.
- Once you have your confirmation, you can apply for a temporary resident visa and/or a study permit if applicable. cic.gc.ca

Dalhousie University
dal.ca

Dalhousie International Centre
dal.ca/international

Student Services & Resources
dal.ca/studentservices

About Halifax
destinationhalifax.com

About Nova Scotia
novascotia.com

Contact us about coming to Dalhousie on exchange
international.centre@dal.ca



dal.ca/cometodal